

Casa da Tartaruga

Information Book

This apartment complies with Portuguese laws on furnished accommodation for tourists.
Registration number: 137667/AL



R. Prof. Correia Abreu
Urbanização IBERLAGOS, Bloco J, 3rd Fl
Apt. 285
8600-613 Lagos

Algarve / PORTUGAL



<https://iberlagosrent.com/information-book/>
File download

English

- 1 WELCOME MESSAGE AND CONTACTS**
- 2 HOUSE RULES AND EXTRA SERVICES**
- 3 CONDOMINIUM RULES**
- 4 USEFUL INFORMATION**
- 5 EMERGENCY NUMBERS**
- 6 THE CITY AND LOCAL TRADE**
- 7 LOCAL SHOPS**
- 8 TRANSPORTS & TRANSFERS**
- 9 TOURIST POINTS OF INTEREST AND OTHER MUST-SEE PLACES**
- 10 RESTAURANT SUGGESTIONS**



1 - WELCOME MESSAGE AND CONTACTS

Welcome!

Thank you so much for booking Casa da Tartaruga. We would like you to feel at home and we will do our best to make your stay unforgettable!

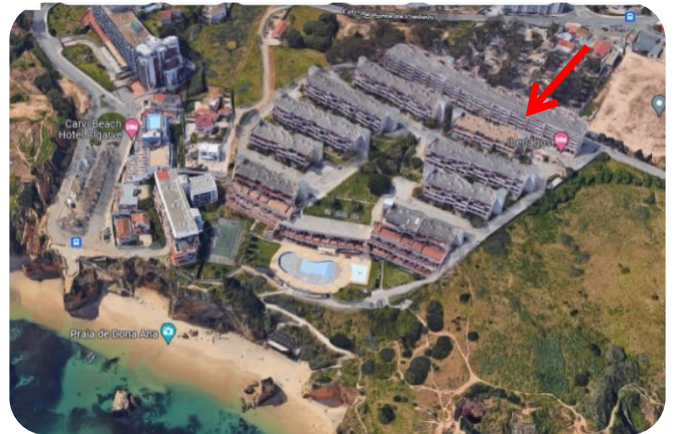
Casa da Tartaruga is located on top of a beautiful cliff.

The IBERLAGOS urbanization, with its beautiful gardens and swimming pools, is located a 5-min walk distance from D. Ana beach and a 10-min walk distance from the historic center of Lagos.

The Condominium is one of the most popular places to stay in Lagos.

Apartment 285 is located on the 3rd floor of Block J and has partial views over the bay of Lagos. It was renovated in 2023 to comply with modern environmental sustainability measures. The house is not suitable for people with mobility difficulties.

Our apartment has parking space number 50 in block J reserved for our guests.



Address:

*Urbanização IBERLAGOS,
R. Prof. Correia Abreu, Block J -3rd Fl,
Apt. 285
8600-613 Lagos*

GPS:

37°05'38.3"N 8°40'14.2"W

Contacts:

Teresa / Rui (Owners):

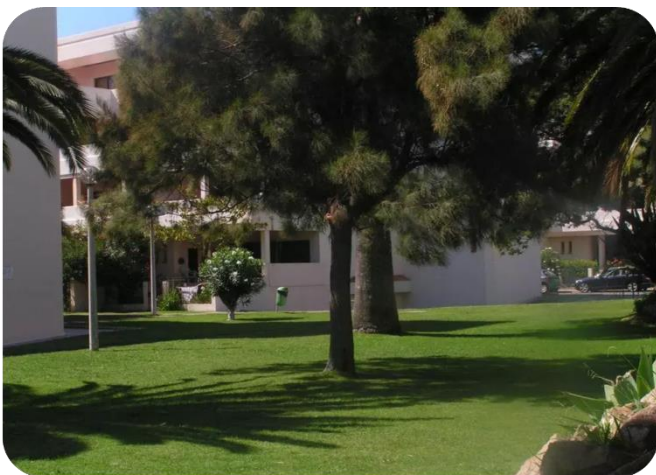
Phone and WhatsApp: +351 964 862 680

Email: casadatartaruga@iberlagosrent.com

Adelaide (Maintenance and Cleaning):

Phone and WhatsApp: +351 912 276 955

Email: adelaide.lay.martins@gmail.com



2 - HOUSE RULES AND EXTRA SERVICES

HOUSE RULES:

The apartment

With two bedrooms, one with a double bed and the other with two single beds, it has a maximum capacity to accommodate 4 adults and a child who sleeps in a crib. It has a common, modern and pleasant bathroom.

This apartment was designed to provide you with every comfort. It is equipped with a modern air conditioning system and domestic hot water, together with thermal insulation and double glazing, making it very cozy in summer and winter.

The Kitchenette has been completely renovated with dishwasher, induction hob, fridge with freezer, microwave, oven, coffee machine, kettle, toaster and of course, lots of spices and condiments.

It has WI-FI, network sockets in all rooms with high-speed Internet 500/100 Mbps (Down/Up) and Smart TV 46" with 130 cable channels (including international TV channels)

Check-in and check-out times



Assisted Check-in available from 16:00 to 20:00. After 20:00 only Self Check-in is available.

Check-out before 10:00 am

The owners, or Rita or Adelaide will be happy to guide you at check-in.

Guests and Parties

Parties and events are not authorized. Unregistered guests or visitors are not allowed. We kindly ask you not to rearrange the furniture and to avoid eating or drinking in the rooms. Please enjoy your meal in the dining room or on the balcony.

Smoke

We have a non-smoking policy in the house. You will be able to **smoke on the balcony**.



Pets

No pets allowed. Some guests may have health issues and allergies.

Cleaning fee

Failure to comply with the rules will result in immediate cancellation of the reservation and additional costs for cleaning and sanitizing the apartment will be charged.

Security deposit

The holder of the reservation is responsible for any damage that occurs during the period in which he was given the use of the apartment.

We understand that accidents happen, so we kindly ask you to let us know if something breaks. This will allow us to restock it before the next guest checks in.

Upon check-in, the amount of €200 may be charged in cash as a deposit. There is an ATM at the entrance to the building. The guest will receive a proof of delivery of the money. This deposit does not exempt the guest from legal liability for damages caused above this amount.

After check-out, the guest will receive the money in exchange for returning the document if there is no place for any payment.

Housing bulletin for foreigners

If you are a foreign citizen, you will have to fill in an accommodation bulletin with the data of the elements that will be staying at *Casa da Tartaruga*.

Since 2015, Portugal has more strictly enforced a longstanding law that requires anyone providing paid holiday accommodation to register entry, exit and identification details of all non-Portuguese citizens using that accommodation. This law came into force in Portugal and most other countries in the European Union and aims to prevent human trafficking and other illegal practices. In this case, it is specifically the article 45 of the Schengen Agreement and the

recent law on Local Accommodation in Portugal that brought this rule into sharper focus.

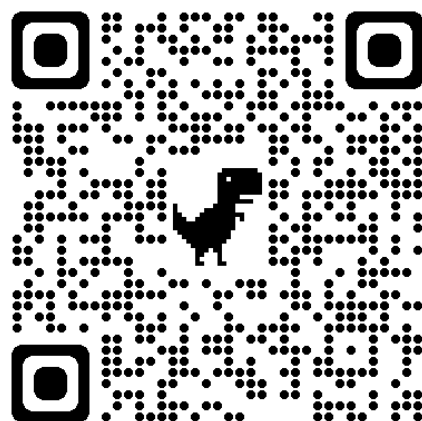
The body that oversees the movement of foreigners is the SEF.



In order to validate the data on the accommodation bulletin, the identification card of all guests will be requested during the check-in procedures.

Home appliances

The apartment has all the user manuals for the appliances. If you want to download the documents in your native language, you can find a list of them on this site where some manuals have already been compiled.



<https://iberlagosrent.com/home-appliances/>

File download

EXTRA SERVICES:

Upon check-in, the house will be ready to receive you. Towels, toilet paper and soap are provided.

The house has a washing machine, drying rack, iron and ironing board.

The change of bed linen and towels is included every 7 days of rental.

Additional changes to bed linen, towels or house cleaning can be requested at the time of booking, at check-in or during the stay for an additional fee.

3 - CONDOMINIUM RULES

Building entrance

Guests will receive a key code prior to arrival.

Pools

The IBERLAGOS Complex has two swimming pools, one for adults with a length of 35m and the other for children.

To enter the pool area, you need your own card. The apartment has four free access cards for our guests to use. Cards are supplied in a plastic pocket to prevent loss.

Access cards are given at check-in and collected at check-out. The loss of each card costs €25.

Pool loungers are available for hire. Check availability and costs directly with the pool/bar manager.

Noise Law



**between 23:00
and at 07:00**

According to article 3 of Decree-Law no. 9/2007, **Neighborhood noise is all the noise that is made inside the house but that bothers the neighbors.**

The condominium security service is especially zealous in complying with this Law.

In case of non-compliance, the security guard will kindly ask people to respect him. If the noise does not cease immediately, the security guard is ordered to call the police to enforce the law.

Recycling

Garbage must be placed in the containers located near the entrance of the condominium.

We usually leave a garbage bag in each container for the first few days. If you consider that these bags are insufficient during your stay, you will have to buy the remaining garbage bags. There is no need to buy colored bags for different types of recycling. Please recycle. The environment will appreciate your effort.



- Paper and cardboard (blue)
- Glass (green)
- Metals and plastic (yellow)
- Common garbage (gray)

Odors

Charcoal cooking or grilling food on a similar appliance is not permitted indoors or on the porch.



Grilling causes unpleasant odors and fumes. The condominium has a very strict policy regarding the preparation of food on the apartments' balconies. In this way, your neighbors will not be able to bother you with these odors.

4 - USEFUL INFORMATION

Spiderfish bite: What to do?

Spiderfish hide in the sand and therefore it is not easy to see them when going to the sea. In addition, the water is not always transparent and, in areas where there are feet, where bites almost always happen, the surf lifts the sand, making it even more difficult to see the bottom.

These fish are more common on Meia-Praia and Porto de Mós beach, especially at low tide.

One solution to avoid spiderfish bites is to wear shoes suitable for walking in water, with plastic soles, which are sold in sports stores or large commercial areas.

When you are stung by a spiderfish, you may initially think that you have stepped on a rock or a sharp shell. feel a pain mild, but which evolves almost immediately into intense pain, difficult to bear, with changes in the surrounding skin, which becomes red and swollen.



If you are stung, stay calm and ask your family members or friends who are with you and the lifeguard to follow these steps:

- As soon as possible, place the bite area in hot sand;
- Immerse the bite area in hot water for about 30 minutes. Ideally, the water temperature should be above 40°C, as the poison degrades in heat. However, be careful with the water at high temperatures so as not to cause a burn. This procedure will only be effective if performed within the first 30 minutes after the bite. If you don't have the possibility to use hot water, try bringing another source of heat closer to the bitten area;

- Oral pain relief therapy with analgesics or anti-inflammatories such as paracetamol or ibuprofen, respectively;
- Check to see if any spiderfish spines have broken off and are left in the skin. If so, you will need to remove it. Visible thorns must be removed without using the hands directly, for example with tweezers;
- Disinfect the bite site, as you would with any other common wound;

If after these steps you do not feel pain relief, you should seek medical help.

Local anesthesia, for example in the form of sprays which are often available, should not be used. It is contraindicated because at first the pain relieves due to vasoconstriction, but it does not prevent the spiderfish venom from continuing to circulate in the bloodstream.

Portuguese Caravel bite (Physalia Physalis): what to do?



The caravel bite can cause burns up to third degree as well as some of the following symptoms:

- Intense and instantaneous pain;
- Gastrointestinal symptoms (abdominal pain, nausea and vomiting);
- Muscle spasms;

- Headache;
- Somnolence;
- fainting;
- Cardiorespiratory disorders.

If you are stung by a Portuguese caravel, it is recommended to wash the wound with salt water and add vinegar. The purpose of vinegar is to help stem the discharge of poison into the affected person's body.

Under no circumstances should you apply alcohol, fresh water, or press the affected area with a compress. This speeds up the process of passing the venom into the bloodstream.

5 - EMERGENCY NUMBERS

European Emergency Number – 112



Call 112 and seek help in all types of emergency situations such as rural fires, medical or maritime assistance, crime situations, etc. Fast and efficient responses to these calls literally save lives. The call is free.

Specific emergency numbers

National Health (Line 24)

808 24 24 24

Antivenom Information Center (INEM)

800 250 250

Lagos Police Station

282 780 240

Captaincy of the Port of Lagos

282 788 464

Lagos Volunteer Firefighters

282 770 790

Terras do Infante Hospital

282 770 100

6 - THE CITY AND LOCAL TRADE

There is no shortage of stunning sites in and around Lagos.

For those who don't know the city, we recommend that you go to the lively Mercado Municipal, where fish and seafood are the protagonists.



Weekly or monthly, there are several craft fairs, organic products, sweets and traditional drinks. Lagos has a full schedule of events, exhibitions and guided tours.



With the mild temperatures in winter and hot in summer that characterize the Algarve, there is no shortage of options for activities nautical: surfing, windsurfing and kitesurfing, stand up paddle, diving in warships

shipwrecks, jet ski rental, kayak trips, wakeboard park and deep sea fishing among others.

For the whole family, we highlight the visit to the caves, dolphin watching and boat trip with lunch.



In addition to hiking and horseback riding, the more adventurous can practice paintball, play tennis or padel, activities within walking distance of *Casa da Tartaruga*.

For golf lovers there are several professional golf courses or mini-golf.



For a different day, we suggest you rent bicycles or scooters to move around Lagos and its surroundings, discovering streets and alleys with shops and picturesque restaurants.

If you are a hiking lover, our suggestion is to start from the wonderful Praia da D. Ana, right in front of the Urbanization, and follow the trails to Praia do Camilo, one of the most scenic in the Algarve.



You can follow the route along the cliffs to the Lighthouse of Ponta da Piedade, not forgetting to go down the stairs that lead to the idyllic natural pools.



Once at the Lighthouse, take the walkways from Ponta da Piedade to Praia do Canavial and, later, to Praia de Porto de Mós, a few hundred meters further on.

The beaches are perfect for an invigorating swim halfway through the hike.

If you choose to combine the trail along the cliffs with the Ponta da Piedade walkway, you'll have to travel 8 km (round trip), but you won't mind the effort!

Don't forget to bring a bottle of water, a bathing suit and a camera.

Watching the sunset at Ponta da Piedade after a walk along the cliffs is priceless.

7 – LOCAL SHOPS

Nearby Casa da Tartaruga

Supermarket: SPAR

Address: Estr. da Ponta da Piedade 2

Opening hours: 08:00–21:00

City Local Shops

Bakery: Gombá

Address: R. Cândido dos Reis, 56

Opening hours: 08:00–19:00

Bakery: Padaria Central

Address: R. Primeiro de Maio 23,

Opening hours: 07:00–19:00

Butchery: Talho Lusitano

Address: R. Dom Vasco da Gama 32

Opening hours: 08:30–13:30 / 15:00–19:30

Fish Fruit & Veggies: Mercado Municipal

Address: Av. dos Descobrimentos

Opening hours: 08:00–14:00

Supermarket: Intermarché

Address: Lugar da Pedra Alçada

Opening hours: 08:00–22:00

Supermarket: Continente Modelo

Address: Urbanização Cerro das Mós 315

Opening hours: 08:00–22:00

Supermarket: Pingo Doce Marina

Address: N125 Sitio Do Molião

Opening hours: 07:30–22:00

8- TRANSPORTS & TRANSFERS

City Public Buses

There are 10 Bus municipal public transport lines in Lagos. Each row is distinguished by color.

Tickets can be purchased on board or a loadable multi-trip card can be purchased at the bus terminal.

The routes most used by guests at Casa da Turtle are:

Red Line or Turquoise Line

Bus stop: Lar J. Filipe Fialho towards the city centre.

The red line has the last stop at the CP Station next to the Marina, the turquoise line has the last stop at next to the Municipal Market

Blue line:

Bus stop: Praia Dona Ana towards Meia-Praia

The blue line has the last stop at Forte da Meia Praia



This communication is merely informative and does not exempt you from consulting timetables and routes on the municipality website at <http://aonda.pt/>

HOP ON HOP OFF Tourist Train



Contact: lagostouristtrain@gmail.com

Site: <https://touristtrainlagos.com/en/>

Airport Transfers

GoLagos

Contact: 919787258 (Lic n 4091)

Site: <https://www.golagostransfers.com/>

LagosTransfers (Lic n 6267)

Contact: 910 000 555

Site: <https://lagos-shuttle.com/>

GentleBee Transfers (Lic n 2934)

Contact: 917 370 294

Site: <https://gentlebeetransfers.com/>

9 - TOURIST POINTS OF INTEREST AND OTHER MUST-SEE PLACES

Less than 50Km from Lagos, we can visit several places admired worldwide, namely the cave next to *Benagil* beach. For those who enjoy hiking in the mountains, we recommend the picturesque village of *Monchique* with its thermal baths, the *Miradouro da Foia*, which is located at the highest point in the Algarve. The picnic area and its traditional flavors of confectionery and drinks.



For lovers of speed, we recommend a visit to the *Autódromo Internacional do Algarve*, also known as the MotoGP and F1 roller coaster. Especially for the younger ones, we suggest a visit to the Zoo Marine de Albufeira, the Zoo de Lagos and the *Centro Ciência Viva de Lagos*.



Lagos assumes great importance at the time of the "Discoveries".

From here the *Infante D. Henrique* departed in caravels in search of new worlds and here the first riches of Africa arrived.

In 1755, Lagos was completely devastated by the earthquake and later saw Napoleon's troops arrive in its bay.

We highly recommend a visit to the Museum of Lagos and the Church of Sto. Antonio.



A little further away we find several places with traces of the presence of the Roman civilization in the Algarve, such as the "Promontorium Sacrum" dedicated to the God Saturn, located in the extreme southwest of continental Europe in Sagres.



10 - RESTAURANT SUGGESTIONS

In Lagos, the gastronomic offer is varied and it is difficult to eat badly. Starting at the seafood restaurant "O Perceve", passing by the picturesque "The Garden", the exquisite "Alma Lusa" or the well-known "Chico Zé" in Odiáxere, the "Tasca do Kiko", The "Calhou", "O Lamberto", and ending at the restaurant "O António", on the beach in Porto de Mós or "Camilo" on the top of Camilo Beach, all of them are excellent.

And sardines!?!?? Where to eat sardines?



Okay, let's put it this way:

1. Never eat sardines on Mondays because fishermen don't go out to sea on Sundays and therefore the fish served in restaurants on Mondays was probably caught on the previous Friday or Saturday and therefore will not be as fresh as on other days.
2. Sardines, if grilled over charcoal, are very popular and there won't be much difference between one restaurant and another.

So, what makes the difference? The difference is in the way of eating the sardines:

First of all, you should put a slice of bread on the plate where the sardines are placed. The sardines are opened and drizzled with quality olive oil. One after the other, eating them on top of the bread, they soak the bread with the oil and fat from the sardines. The skin, bones and guts are not eaten but can be pushed against the slice of bread to add more flavor.

The only thing that can side a meal of sardines, in addition to boiled potatoes, is "salada algarvia" (tomato, cucumber, onion, roasted green pepper plus oregano), and a glass of wine. At the end, the bread is eaten, if you managed to resist.

Because sardines, green pepper and cucumbers are more difficult to digest, this dish is usually enjoyed at lunch.

Here in Lagos, the restaurant "Escondidinho" (next to the church of S. Sebastião) was much sought after by the locals but since the owner passed away people say that it has gotten a lot worse.

The night can be spent in the many bars in the city center, if you like live music you can find it in "Amuras" next to the marina. You can also opt for a trip to *Casino Solverde* in Praia da Rocha, taking the opportunity to spend the rest of the night in the many nightclubs that exist there.

Whatever your interests are, as hosts we will do our best to provide you with all the information you need to spend an unforgettable time in Lagos, so don't hesitate to contact us. You can find more tourist information on our website:

<https://iberlagosrent.com>